



Human Development Company



EMPLOYEE ASSISTANCE PROGRAM

# EAP

The Employee Assistance Program (EAP) is a confidential, short term counseling service for you and your household family members who may need help. The EAP is provided and paid for by your employer.

Caring, experienced professional counselors have helped thousands of people effectively deal with personal problems and concerns such as:

Grief

Stress

Anxiety

Depression

Work Issues

Marital/Relationship

Suicidal Thoughts

Legal or Financial

Substance Abuse

and more..

Help is just a call away

# HOW IT WORKS,

The EAP provides assesment and referral services and short term counseling to help you and your household family members work through life's challenges.



To schedule an appointment, call 502-589-HELP (4357), Monday-Friday 9am-5pm.



If the matter is more urgent, call anytime, 24 hours a day, weekends and holidays to talk with a caring, professional counselor.

24/7

The Human Development Company has local counseling offices and a collaboative network throughout the United States.



Human Development Company

For confidential assistance :

502-589-HELP (4357)

[info@humandev.com](mailto:info@humandev.com)

800-877-8332

[www.humandev.com](http://www.humandev.com)